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Insurance Worksheet

If you plan to use insurance, it is very important that you know the terms and coverage of your plan. You are advised to call your insurance company prior to your first appointment in order to verify coverage and obtain authorization, if necessary. (The phone number is usually on the back of your card.)

Name of Client: _____ Client's date of birth: _____
Insurance Company: _____
Contract #: _____ Group #: _____
Name of Insured: _____ Insured's date of birth: _____

The following questions will help guide you when you call.

- 1) Are out-patient mental health services covered? _____

- 2) If so, is Christie Widger a covered provider? _____
National Provider# 1255516571
Licensed Professional Counselor; Master's-level therapist

- 3) What is the coverage amount per session? _____ %

- 4) Do I need authorization before beginning counseling? _____
If yes, Authorization #: _____

- 5) How many sessions are authorized? _____

Does this include visits with a psychiatrist? _____

How many sessions have been used to date? _____

- 6) Do I have a deductible that will apply? _____ If so: \$ _____ yearly
How much has been met to date? _____

- 7) What will my co-pay be per session? _____